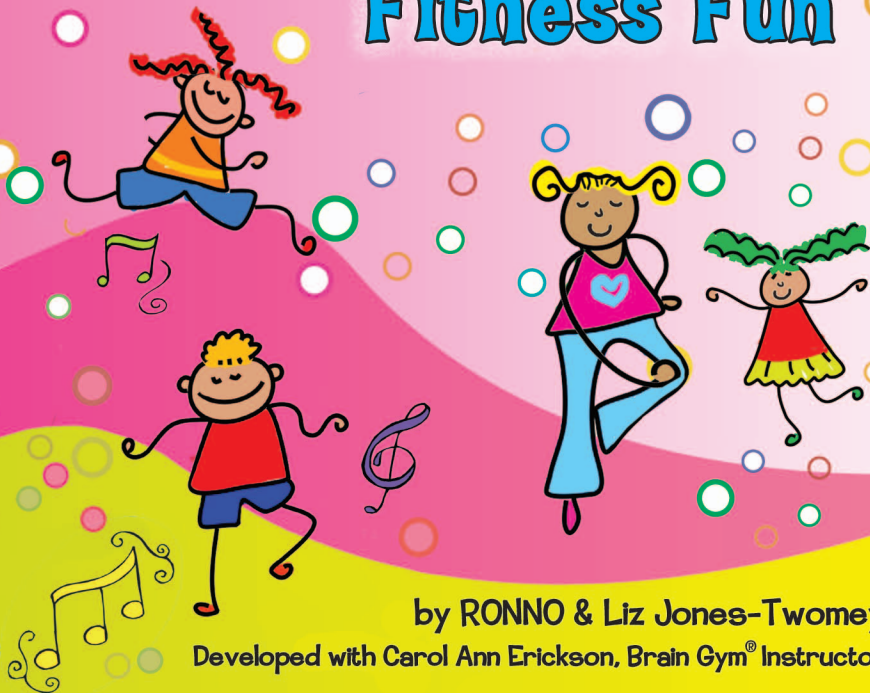


# Catch a Brain Wave Fitness Fun



by RONNO & Liz Jones-Twomey

Developed with Carol Ann Erickson, Brain Gym® Instructor

**Energizing Movements For Brain Development**